

RESOURCE GUIDE



Office of
Mental Health



Chautauqua County

This resource guide includes information about where you can find help in your local community. All the programs and services listed below allow you to self-refer and some may offer walk-in appointments.

Crisis Services & Support

National Suicide Prevention Hotline

Phone: Call 988/Text 988
Chat: <http://chat.988lifeline.org>

WNY Law Enforcement Helpline

Support to law enforcement members and their families.
Phone: 716-858-2677
Hours: 24/7
<https://www.wnylawenforcementhelpline.org>

Veterans Crisis Hotline

Confidential support for veterans.
Phone: Call 988, and choose option "1" for veterans.
Text: 838255 or chat online
<https://www.veteranscrisisline.net/get-help-now/chat/>

988 Suicide & Crisis Lifeline

24/7 Crisis Hotline: 800-724-0461
Don't feel like talking? Text "Talk" to the Crisis
Text Line at 741-741

NYS Domestic and Sexual Violence Hotline

Phone Hotline 1-800-942-6906
Text 1-844-997-2121
Chat opdv.ny.gov

Chautauqua County Mobile Transition Team (MTT)
Short term counseling, peer support, CM
services. 716-661-8872

Mental Health Treatment & Rehabilitation

UPMC Chautauqua Outpatient Clinic (2 locations)

Provides mental health and SUD, med management.
Address: 306 Central Ave, **Dunkirk, NY**
Phone: 716-363-0018
Address: 51 Glasgow Ave, **Jamestown, NY**
Phone: 716-664-8641
Hours for both locations: Mon-Fri, 9-5

Catholic Charities—2 locations

Individual and family counseling to adults and children.
Address 326 Central Ave, **Dunkirk, NY**
Phone: 716-366-3533
Address: 42 Dunham Ave, **Jamestown, NY**
Phone: 716-484-9188
Hours for both locations: 8:45-4:45, M-F

The Resource Center –2 locations

Counseling and psychiatry services/MAT programs.
Address: 880 East Second St, **Jamestown, NY**
Phone: 716-661-1590
Address: 186 Lake Shore Dr. West, **Dunkirk, NY**
Phone: 716-366-7660

*Call for appointment and hours.

Chautauqua County Behavioral Health Center

Individual counseling and psychiatry services.
Address: 200 E. Third St, 5th floor, **Jamestown, NY**
Phone: 716-661-8330
Address: 60-62 Franklin Ave, **Dunkirk, NY**
Phone: 716-363-3550
Call for location hours and appointments.

The Chautauqua Center

Individual, group, couples, SUD and MAT counseling.
Address: 75 East 3rd Street, **Dunkirk, NY**
716-363-6050/ Hours: M-TH 8-7, F 8-5
Address: 107 Institute Street, **Jamestown, NY**
716-484-4334/ Hours: M-TH 8-7, F 8-5
Address: 10988 Bennett State Road, **Forestville, NY**
Phone: 716-732-7770/ Hours: M-F 8-5

Family Services of Chautauqua

Mental health treatment services.
332 E 4th St, Jamestown, NY 14701
716-488-1971

Peer Support Services

Recover Options Made Easy- ROME

Provides peer services, short term & intensive crisis respite, peer run/staffed diversion programs, & supportive housing.

Phone: 716-531-5508 or 1-800-421-114 dial 0

<https://recoveryoptionsny.org/contact/info@recoveryoptionsny.org>

Southwestern Independent Living

Assists in referring to services such as housing, advocacy, peer services, transportation, etc..

Address: 843 N. Main St, Jamestown, NY

Phone: 716-661-3010

<https://silcchq.org/>

*Call for hours and to speak w/ somebody about the referral process.

Mental Health Advocates of WNY

Provides supportive services to families/individuals including peer services, skills training, a wide range of advocacy services, and more.

Phone: 716-886-1242 (Buffalo office)

Hours: M-F, 8:30 - 4:30

* All in-person groups are held in Buffalo location. Virtual options available. Visit website for groups schedules.

<https://mhawny.org>

Southern Tier Environments for Living (STEL)

Offers compeer, and residential services assistances. No case management in Chautauqua County.

Phone: 716-366-3200

Hours: M-F 8:30-4:00

Visit www.stel.org for more information. Call the number above for additional assistance on service linkage.

Addiction or Substance Use Treatment and Support

Alcoholics Anonymous (AA)- Lakewood Answering Service

Phone: 716-372-4800

Call 24/7 for information on groups held in your area.

Narcotics Anonymous (NA)- WNY region

Phone: 716-847-3842

Call 24/7 for information on groups held in your area.

Naloxone NOW:

Phone: Text "NARCAN" to 21000 to arrange for delivery.

Safe Point Lighthouse Outpatient

Co-occurring treatment services.

Address: 303 Main St, Dunkirk, NY

Phone: 716-413-4661

Chautauqua County Behavioral Health Center

See Page 1 "mental health and rehabilitation" for info.

UPMC Chautauqua Inpatient Chemical Dependency

Provides inpatient substance use treatment for adults.

Address: 207 Foote Ave, Jamestown, NY

Phone: 716-664-8620

Hours: Open 24/7

WNY Opioid Addiction Treatment MAT Hotline

Phone: 716-463-6222

Hours: 24/7

Evergreen

320 Prather Ave., Suite 100 & 200A, Jamestown, NY

716-664-7855

UPMC Chautauqua Outpatient Clinic (2 locations)

See Page 1 "mental health and rehabilitation" for program info.

Other Services

USDA National Hunger Hotline

Food assistance for families.

Phone: 1-866-348-6479/English 1-877-842-6273/Spanish

Hours: Mon-Fri 7:00am-10:00pm

Medicaid Transportation MAS

Provide transportation to Medicaid recipients for medical appointments/non emergency medical transportation.

Phone: 1-866-753-4543 press 9

Hours: 7am-7pm

Buffalo Psychiatric Center MIT Provides community or home-based mental health and case management.

Phone: 716-816-2463

*Call for more info and referral.

Chautauqua County Department of Social Services

Address: 7 N. Erie St, *Mayville*, New York 14757

Phone: 716-753-4998

Address: 110 East Fourth Street, *Jamestown*, NY

14701 Phone: 716-661-8200

Address: 15 W. Lucas Avenue, *Dunkirk*, NY 14048

Phone: 716-363-3500

*Hours: All locations M-F 8:30-4:30

Health Homes of Upstate New York (HHUNY)

Care management services for Medicaid recipients.

Phone: 1-855-613-7659

www.hhuny.org/about/where-we-are/

referrals@hhuny.org or askhhuny@hhuny.org

Shelters/Code Blue: <https://chautauquacountyny.gov/CodeBlue>

To find more mental health programs and services, visit our website at: www.omh.ny.gov



BeWell.ny.gov



Get Connected. Get Help.™